

Holiday Gift Packages

Give the gift of health this holiday season!

One Month Fitness Package

\$98

- 28-Day Club Access
- 4 Speciality Coaching Sessions
- Fitness Assessment

10 Barre or Studio Classes Package

\$98

- Ten 1-Hour Barre or Studio Classes (Yoga, Spinning, Bootcamp, Tabata)
- Fitness Assessment

Golf Conditioning Package

\$298

- Eight 1-Hour Training Sessions Tailored To Help Improve All Aspects Of Your Game
- Fitness Assessment

Coaching Package

\$248

- 45-Day Club Access
- Fitness Assessment
- 2 Private Coaching Sessions
- 4 Semi-Private Coaching Sessions

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